



SIR C R REDDY COLLEGE FOR WOMEN, ELURU
MINUTES OF MEETING
PSYCHOLOGICAL COUNSELING CELL

VISION AND MISSION

The Psychological Counseling team of Sir C.R.Reddy College for Women help nurture students hopes and dreams for themselves, even in the face of struggle by teaching life skills and giving the necessary assistance and guidance.

The members of the Psychological Counseling team are up to date on all the top things that affect students, including any trends that might affect their academic performance and personal life. We have understood that sometimes it's difficult for students to sort through tough times alone. It may result in poor academic performance and sometimes depression.

The cell gives the counseling to the students on various issues like poor financial background, adolescent counseling, abnormal behavior etc., and helps the students to overcome from their problems by giving suggestions.



Functions:

- We continue to monitor and observe every individual students behavior and their academic progress.
- If we come across any student who feels depressed or suffers from low moral, inferiority complex or any other personal issues, we personally interact with such students.
- We listened to their problems and work collectively to derive the possible solution.
- It has been a continual process throughout the academic year.



SIR C R REDDY COLLEGE FOR WOMEN, ELURU

MINUTES OF MEETING

2018-2019

PSYCHOLOGICAL COUNSELING CELL

SIR C R REDDY COLLEGE FOR WOMEN
PSYCHOLOGICAL COUNSELING CELL
YEAR - 2018

MEETING NO: 01

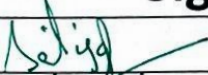
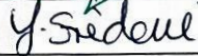
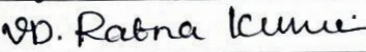
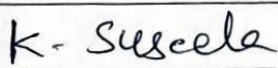
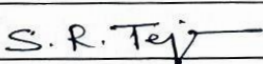
DATE OF MEETING: 06 - 06 - 2018

MINUTES OF MEETING

Psychological Counseling Cell meeting was convened in the seminar hall on 06 - 06 - 2018 to share the views on the following matters.

Agenda

- 1.** Personal counseling to teachers and students.
- 2.** Prior submission of names and follow up.
- 3.** Methods to be elaborate.
- 4.** Counseling the students who got less marks in internal exams.

Members	Signature
P. Sailaja (Chair Person)	
Y. SriDevi (Co-ordinator)	
V.D. Ratna Kumari (Member)	
K. Suseela (Member)	
S.R.Tejaswi (Member)	

Resolution:

1. Students and faculty members who taught counseling were given counseling by the principal. Follow ups were also given to the needed students. The cell members were resolved confidentiality is maintained for the records.
2. Resolved to conduct individual sessions with students seeking guidance by prior submission of names and follow up.
3. It was resolved to elaborate relaxation techniques, stress relieving methods etc.
4. Resolved to counsel the students who get less than 10 marks in internal exam.

SIR C R REDDY COLLEGE FOR WOMEN
PSYCHOLOGICAL COUNSELING CELL
YEAR - 2018

MEETING NO: 02

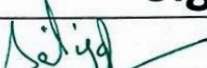
DATE OF MEETING: 13 - 11 - 2018

MINUTES OF MEETING

Psychological Counseling Cell meeting was convened in the Principals Chamber on 13 - 11 - 2018 to share the views on the following matters.

Agenda

1. Counseling the students who got less marks in internal exams.
2. To identify the poor financial back ground students.
3. To identify the rude behavior students.

Members	Signature
P. Sailaja (Chair Person)	
Y. SriDevi (Co-ordinator)	Y. SriDevi
V.D. Ratna Kumari (Member)	V.D. Ratna Kumari
K. Suseela (Member)	K. Suseela
S.R. Tejaswi (Member)	S. R. Tej

Resolution:

1. Resolved to counsel the students who get less than 10 marks in internal exam.
2. Resolved to educate on various financial aid and scholarship possibilities.
3. Resolved to patiently explain them the problems that the one faces with such wrong behavior and how it affects their personality. We caution them not to fall a pray by giving some real life examples.



SIR C R REDDY COLLEGE FOR WOMEN, ELURU

MINUTES OF MEETING

2019-2020

PSYCHOLOGICAL COUNSELING CELL

SIR C R REDDY COLLEGE FOR WOMEN
PSYCHOLOGICAL COUNSELING CELL
YEAR - 2019

MEETING NO: 03

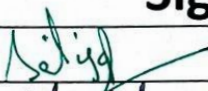
DATE OF MEETING: 10-06-2019

MINUTES OF MEETING

Psychological Counseling Cell meeting was convened in the Principals Chamber on 10-06-2019 to share the views on the following matters.

Agenda

1. To identify abnormal behavior students.
2. To identify slow learners.
3. To identify regular absentees.
4. To identify economically back ward students.

Members	Signature
P. Sailaja (Chair Person)	
Y. SriDevi (Co-ordinator)	Y. SriDevi
V.D. Ratna Kumari (Member)	V.D. Ratna Kumari
K. Suseela (Member)	K. Suseela
S.R. Tejaswi (Member)	S. R. Tej

Resolution:

1. Resolved to understand that there are various factors that influence the behavior of a student. It is important to act sensibly with the student who poses abnormal behavior to bring them into steam line.
2. Resolved to these students are very poor in their performance and is low. So we called those students and advised them to make use of the remedial classes and improve themselves in their studies.
3. Resolved to irregularity has negative impact on their studies and career. Instead of giving punishment or imposing fine, we try to understand the reason for their absents and council them according to the situation.
4. Resolved to educate on various financial aid and scholarship possibilities.

SIR C R REDDY COLLEGE FOR WOMEN
PSYCHOLOGICAL COUNSELING CELL
YEAR - 2019

MEETING NO: 04


DATE OF MEETING: 07-11-2019

MINUTES OF MEETING

Psychological Counseling Cell meeting was convened in the Principals Chamber on 07-11-2019 to share the views on the following matters.

Agenda

1. To identify depression students.
2. To identify rude behavior students.
3. To identify slow learners.

Members	Signature
P. Sailaja (Chair Person)	
Y. SriDevi (Co-ordinator)	Y. SriDevi
V.D. Ratna Kumari (Member)	V.D. Ratna Kumari
K. Suseela (Member)	K. Suseela
S.S.L. Sabari Kumari (Member)	S.S.L. Sabari K.

Resolution:

1. Resolved to the students were given tips and techniques to control their emotion, manage anger and develop their mental health.
2. Resolved to we patiently explain them the problems that the one faces with such wrong behavior and how it affects their personality. We caution them not to fall a pray by giving some real life examples.
3. Resolved to these students are very poor in their performance and is low. So we called those students and advised them to make use of the remedial classes and improve themselves in their studies.



SIR C R REDDY COLLEGE FOR WOMEN, ELURU

MINUTES OF MEETING

2020-2021

PSYCHOLOGICAL COUNSELING CELL

SIR C R REDDY COLLEGE FOR WOMEN
PSYCHOLOGICAL COUNSELING CELL
YEAR - 2020

MEETING NO: 05

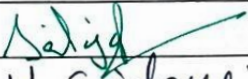
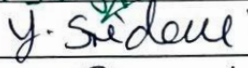
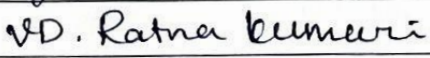
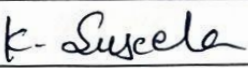
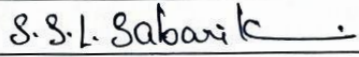
DATE OF MEETING: 23-11-2020

MINUTES OF MEETING

Psychological Counseling Cell meeting was convened in the Principals Chamber on 23-11-2020 to share the views on the following matters.

Agenda

1. To identify the students who are irregular to college.
2. To identify exam stress students.
3. To identify inferiority complex students.

Members	Signature
P. Sailaja (Chair Person)	
Y. SriDevi (Co-ordinator)	
V.D. Ratna Kumari (Member)	
K. Suseela (Member)	
S.S.L.Sabari Kumari (Member)	

Resolution:

1. Resolved to irregularity has negative impact on their studies and career. Instead of giving punishment or imposing fine, we try to understand the reason for their absents and council them according to the situation.
2. Resolved to suggest some techniques such as meditation, breathing exercises and guided imaginary techniques work very well in coping with exam stress and fear.
3. Resolved to the students were given tips and techniques to control their emotion, manage anger and develop their mental health.

SIR C R REDDY COLLEGE FOR WOMEN
PSYCHOLOGICAL COUNSELING CELL
YEAR - 2021

MEETING NO: 06


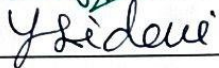
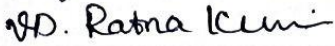
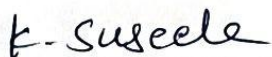
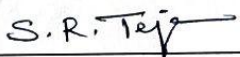
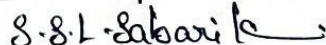
DATE OF MEETING: 15-06-2021

MINUTES OF MEETING

Psychological Counseling Cell meeting was convened in the Principals Chamber on 15-06-2021 to share the views on the following matters.

Agenda

1. To identify rude behavior students.
2. To identify exam stress students.
3. To identify depression students.

Members	Signature
P. Sailaja (Chair Person)	
Y. SriDevi (Co-ordinator)	
V.D. Ratna Kumari (Member)	
K. Suseela (Member)	
S.R. Tejaswi (Member)	
S.S.L. Sabari Kumari (Member)	

Resolution:

1. Resolved to we patiently explain them the problems that the one faces with such wrong behavior and how it affects their personality. We caution them not to fall a pray by giving some real life examples.
2. Resolved to suggest some techniques such as meditation, breathing exercises and guided imaginary techniques work very well in coping with exam stress and fear.
3. Resolved to the students were given tips and techniques to control their emotion, manage anger and develop their mental health.



SIR C R REDDY COLLEGE FOR WOMEN, ELURU

MINUTES OF MEETING

2021-2022

PSYCHOLOGICAL COUNSELING CELL

SIR C R REDDY COLLEGE FOR WOMEN
PSYCHOLOGICAL COUNSELING CELL
YEAR - 2021

MEETING NO: 07

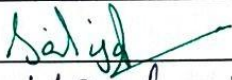
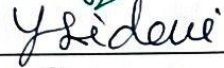
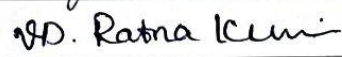
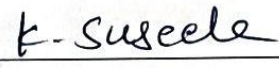
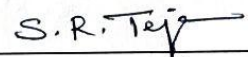
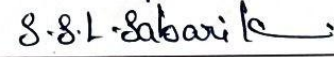
DATE OF MEETING: 08-10-2021

MINUTES OF MEETING

Psychological Counseling Cell meeting was convened in the Principals Chamber on 08-10-2021 to share the views on the following matters.

Agenda

1. To identify slow learner students.
2. To identify exam stress students.
3. To identify irregular to college students.
4. To identify abnormal behavior students.
5. To consider the proposal for conducting awareness program on Physiological Counseling.

Members	Signature
P. Sailaja (Chair Person)	
Y. SriDevi (Co-ordinator)	
V.D. Ratna Kumari (Member)	
K. Suseela (Member)	
S.R. Tejaswi (Member)	
S.S.L. Sabari Kumari (Member)	

Resolution:

1. Resolved to these students are very poor in their performance and is low. So we called those students and advised them to make use of the remedial classes and improve themselves in their studies.
2. Resolved to suggest some techniques such as meditation, breathing exercises and guided imaginary techniques work very well in coping with exam stress and fear.
3. Resolved to irregularity has negative impact on their studies and career. Instead of giving punishment or imposing fine, we try to understand the reason for their absents and council them according to the situation.
4. Resolved to understand that there are various factors that influence the behavior of a student. It is important to act sensibly with the student who poses abnormal behavior to bring them into streamline.
5. It is resolved to conduct awareness program on Physiological Counseling in the month of October.

SIR C R REDDY COLLEGE FOR WOMEN
PSYCHOLOGICAL COUNSELING CELL
YEAR - 2022

MEETING NO: 08



DATE OF MEETING: 26-04-2022

MINUTES OF MEETING

Psychological Counseling Cell meeting was convened in the Principals Chamber on 26-04-2022 to share the views on the following matters.

Agenda

1. To identify irregular to college students.
2. To identify depression students.
3. To identify exam stress students.
4. To identify rude behavior students.

Members	Signature
P. Sailaja (Chair Person)	
Y. SriDevi(Co-ordinator)	
S.S.L.Sabari Kumari (Member)	S.S.L. Sabari k.
K. Suseela(Member)	K-Suseela
S.R.Tejaswi(Member)	S.R.Teja

Resolution:

1. Resolved to irregularity has negative impact on their studies and career. Instead of giving punishment or imposing fine, we try to understand the reason for their absents and council them according to the situation.
2. Resolved to the students were given tips and techniques to control their emotion, manage anger and develop their mental health.
3. Resolved to suggest some techniques such as meditation, breathing exercises and guided imaginary techniques work very well in coping with exam stress and fear.
4. Resolved to we patiently explain them the problems that the one faces with such wrong behavior and how it affects their personality. We caution them not to fall a pray by giving some real life examples.



SIR C R REDDY COLLEGE FOR WOMEN, ELURU

MINUTES OF MEETING

2022-2023

PSYCHOLOGICAL COUNSELING CELL

SIR C R REDDY COLLEGE FOR WOMEN
PSYCHOLOGICAL COUNSELING CELL
YEAR - 2022

MEETING NO: 09

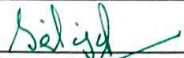

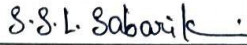
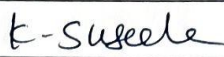
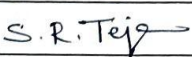
DATE OF MEETING: 01-11-2022

MINUTES OF MEETING

Psychological Counseling Cell meeting was convened in the Principals Chamber on 01-11-2022 to share the views on the following matters.

Agenda

1. To identify study stress students.
2. To identify slow learner students.
3. To identify irregular to college students.
4. To consider the proposal for conducting awareness program on Physiological Counseling.

Members	Signature
P. Sailaja (Chair Person)	
Y. SriDevi(Co-ordinator)	
S.S.L.Sabari Kumari (Member)	
K. Suseela(Member)	
S.R.Tejaswi(Member)	

Resolution:

1. Resolved to suggest the some techniques such as meditation, breathing exercises and guided imaginary techniques work very well in coping with exam stress and fear.
2. Resolved to these students are very poor in their performance and is low. So we called those students and advised them to make use of the remedial classes and improve themselves in their studies.
3. Resolved to irregularity has negative impact on their studies and career. Instead of giving punishment or imposing fine, we try to understand the reason for their absents and council them according to the situation.
4. It is resolved to conduct awareness program on Physiological Counseling in the month of January.

SIR C R REDDY COLLEGE FOR WOMEN
PSYCHOLOGICAL COUNSELING CELL
YEAR - 2023

MEETING NO: 10

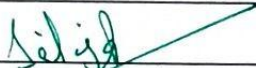

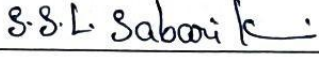
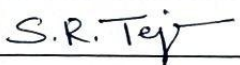
DATE OF MEETING: 31-03-2023

MINUTES OF MEETING

Psychological Counseling Cell meeting was convened in the Principals Chamber on 31-03-2023 to share the views on the following matters.

Agenda

1. To identify adolescent counseling students.
2. To identify inferiority complex students.
3. To identify slow learn students.
4. To identify exam stress students.

Members	Signature
P. Sailaja (Chair Person)	
Y. SriDevi(Co-ordinator)	
S.S.L.Sabari Kumari (Member)	
S.R.Tejaswi(Member)	

Resolution:

1. Resolved it is the most confusing time we closely monitor and supervise to ensure our young students do not end up making life decision.
2. Resolved to the students were given tips and techniques to control their emotion, manage anger and develop their mental health.
3. Resolved to these students are very poor in their performance and is low. So we called those students and advised them to make use of the remedial classes and improve themselves in their studies.
4. Resolved to suggest some techniques such as meditation, breathing exercises and guided imaginary techniques work very well in coping with exam stress and fear.